

## UNIFORM POLICY

Zion Lutheran School believes that a child who is dressed neatly tends to be well-disciplined. The impression that our children present to the community is a reflection of both the home and the school. A neat and healthy appearance is an effective means of showing God's control of our lives. The clothes we wear very often reflect our values. Scripture says, "...let your moderation be known to all men." (*Philemon 4:5*).

With this in mind, Zion Lutheran School adheres to a school uniform policy for Kindergarten-8<sup>th</sup> grade students. All uniforms can be purchased at:

*True Grits School Uniforms*

9823 Pacific Heights Boulevard #K

San Diego

858-535-0022

[www.truegrits.com](http://www.truegrits.com)

School ID: ZLS092

The primary purpose for our school uniform code is to assure that the students of Zion are neat, clean, and well-groomed for all school activities, thereby advancing an organized, prepared approach to successful academic accomplishment. Uniforms eliminate the distraction of competition and emphasis on dress, providing uniformity and developing a sense of modesty and decorum. Students who do not adhere to the dress code will be asked to change clothes and will have their parents phoned.

### **Approved uniforms:**

We recommend that families purchase all uniform items from *True Grits School Uniforms* in order to maintain consistence of style, color, and quality. However, to be sensitive to the financial needs of school families, parents may purchase certain uniform items at the store of their choosing. Pants, shorts, skirts, or skorts may be purchased from any other store. These items may not be oversized or undersized and may not display labels, logos, or writing. They will also need to be in keeping with the same color scheme (navy, khaki) of our uniforms. On cold days, students may wear either a plain (without labels, logos, or writing) blue or red jacket or sweatshirt, or they may purchase a blue or red jacket or sweatshirt from *True Grits School Uniforms* with the Zion logo.

### **Monday through Friday students will be required to wear:**

White, red, or blue polo top with Zion logo – girls and boys – *from True Grits only*

Navy blue or khaki pants or shorts – boys

Navy blue or khaki pants, shorts, skorts, or skirts – girls

Zion plaid skirts and jumpers – girls – *from True Grits only*

Solid colored jacket, sweater, or sweatshirt of red, navy, or white

**Chapel Days require the following:**

White polo shirt, white button-down collared shirt, or blouse with Zion logo – girls/boys  
– *from True Grits only*

Blue pants – boys

Plaid skirt, skort, jumper – girls – *from True Grits only*

**P.E. for Grades K-5**

Proper footwear such as tennis shoes, running shoes, high-tops, athletic shoes with proper support are to be worn.

**P.E. for Grades 6-8**

P.E. uniforms will consist of a Zion school t-shirt and Zion shorts purchased from the school office. Proper footwear such as tennis shoes, running shoes, high-tops, athletic shoes with proper support are to be worn. No skating shoes will be permitted. All shoes must be laced and tied properly at all times. P.E. clothing is not to be worn to other classes. In cold weather, navy sweatshirt and sweat pants may be worn over the PE uniform. Part of the P.E. grade will be based on compliance with this policy.

Clothing must be sized appropriately, neither oversized nor undersized, and fitted to the waist. The final decision of what is or is not acceptable is left to the Principal.

**Other Considerations:**

1. On Fridays, students may wear blue jeans with the Zion polo shirt or Zion spirit shirt if there have been no dress code violations during the week.
2. Boys or girls may not wear baseball caps or hats on campus during school hours with the exception of P.E. class and elementary recesses and middle school breaks. Hats may only be worn for sun protection.
3. Appropriate clothing is to be worn in accordance with the weather to avoid illness or discomfort. Clothes should be comfortable and not restrict normal school-day activities. Shoes must have adequate foot protection and must be laced and properly tied at all times. Socks are required for shoes designed to be worn with them. Sandals or similar footwear must have a heel strap. No clogs.
4. Short skirts or tight pants, see-through shirts, halter tops/tank tops, etc. will not be allowed. Girls may wear “bike shorts” only if covered by a dress or a skirt. Boys and girls must wear pants above the hip. Shorts, skirts, and skorts must be at least mid-thigh in length. Chapel skirts, when measured while kneeling, may be no shorter than 5 inches above the knee.
5. Hairstyles should reflect moderation – no extreme styles, no ponytails on boys, no shaving to the scalp, no full-head bleaching or dyeing. Hair should not be in a student’s eyes and boys’ hair must be above their collars.
6. Clothing or accessories that are contrary to Christian values are not acceptable. This includes but is not limited to clothing and/or any pictures, drawings, or symbols with values advertising or promotional material that promote drugs, alcohol, tobacco, anti-Americanism, racism, sexual promiscuity, slang expressions, cults, secular rock or rap groups, etc.

7. No items deemed dangerous to the welfare of the wearer, or to others will be allowed. Oversized pants and shirts that can be worn in a sagging manner are prohibited. No gang-related clothing, apparel, or accessories may be worn. Gang related clothing is defined by the current and on-going standard established by the San Diego County Sheriff's office or local police agency.
8. Jewelry should be worn in moderation and good taste. Other than girls' earrings, no other type of body piercing is allowed for either boys or girls. Wallet chains and bandannas are prohibited. Belts with spikes are not allowed.
9. No tattoos are allowed.
10. All clothing should be clean, unwrinkled, and carefully mended if necessary. No cut-off, ragged, or torn garments are permitted.
11. There may be certain days designated as special dress days. These will be planned and announced in advance. Participation is optional. Standard uniforms are required when not participating in the special day dress.
12. Official Boy or Girl Scout uniforms may be worn to school the day of the scout event. If you have only a portion of the official scout uniform, you must wear your regular school uniform for the other portion.